



Keeping families close™

## **Music Relaxation Volunteer RMHC Toronto Family Room at SickKids**

### **It's a pleasure to meet you. Now, let us introduce ourselves!**

Ronald McDonald House Charities (RMHC) Toronto is a place to call home for families with seriously ill children undergoing treatment. We encompass a House for 81 families in downtown Toronto and seven Family Rooms in hospitals across the Greater Toronto Area and in Sudbury. We strive to provide a sense of normalcy for our families during a chaotic and traumatic time and provide a variety of programs and services to support the whole family.

### **What's in it for you:**

The RMHC Toronto Family Room at SickKids provides a soothing place of comfort, care and compassion within the walls of the hospital, where families can rest, retreat and relax while being just steps away from their seriously ill child. This is an opportunity for you to gain knowledge and experience in the world of family-centred care, gain a deeper understanding of the issues faced by families with a sick child, and know at the end of each shift that you have made a difference in the lives of our families by sharing your talent.

### **Why we want you:**

We are looking for someone to create a relaxing and calming live music session for our families. Music can be powerful. It can move you. It can make you tap your toes. It is often an important part of self-care. Yet, this is often easy for families to forget during a stressful and frightening time.

### **Skills you need:**

Do you enjoy volunteering in a setting where every day can be different? Do you have more than two years' experience playing an instrument that would enhance the relaxing environment within our Family Room? Are you able to change someone's mood with your musical talent? Do you own your own instrument? Are you comfortable playing in front of people – adults and sometimes children – in a small crowd or in an intimate setting of three people?

### **Commitment:**

We need you every **Wednesday from 7 to 8 p.m.**, for a minimum of six months.

**Why:**

We need people who are reliable, responsible and well-mannered. We need to create an environment of support through continuity, consistency and familiarity for our families. This is especially important to the families in our Family Rooms. They will remember you because of your warmth and friendliness, and they will look forward to seeing you again.

**We can't budge on:**

A current Vulnerable Screenings Police Check; two current references; your attendance at a hospital orientation.

You must also have completed an MMR vaccination and two-step TB test within the last six months.

**Interested?**

If you answered 'yes' to the above questions, please click the 'apply now' button via the link below and we can get the ball rolling.

[www.rmhctoronto.ca/How-to-Help/Volunteer/Current-Openings.aspx](http://www.rmhctoronto.ca/How-to-Help/Volunteer/Current-Openings.aspx)

**Anything else?**

Your orientation and training will be provided by the Volunteer Resources team and Family Room Coordinator.

**Got questions?**

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